

### Ingredients

1/2 cup creamy Peanut Butter

1/3 cup honey

1 teaspoon vanilla extract

1 cup old fashioned oats

1/3 cup ground flaxseed

1 Tablespoon chia seeds

1/4 cup mini chocolate chips

1/4 cup mini M&M's

optional mix-ins: wheat germ,

chopped nuts, shredded coconut, dried fruit...

## Monster Cookie Energy Bites



### Instructions

Mix all ingredients together in a large bowl.

Refrigerate for 15-30 minutes then roll into balls.

Keep energy bites stored in an air tight container in the fridge or freezer.

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